



Exam Readiness Pathways

Client Guide

Students · Professionals · Retakers

Sticky Brain Studio offers several pathways for high-stakes exam preparation support because clients come in with different goals and different levels of readiness. This guide helps you quickly determine the best next step, whether you are preparing for a first attempt or a retake.

Failed Score Review

FOR RETAKERS

BEST FOR

- Second or third exam attempts
- Clients with a score report to debrief
- Clarity about what went wrong
- A different plan for the next try

WHAT TO EXPECT

- Clinical review of your previous attempt
- Focused interview and screeners
- Written Exam Readiness Profile
- Personalized study plan for your retake
- 60-minute feedback session

Investment: \$750

Designed around the specific question retakers bring: why didn't it work the first time, and how do we approach this differently.

Exam Readiness Profile — Signature Service

BEST FOR

- High school and college students
- First-attempt preparation
- Working or caregiving while studying
- Known ADHD or EF challenges
- High-achievers feeling stuck
- Recent diagnosis or treatment change

WHAT TO EXPECT

- 75-minute clinical interview
- Targeted validated screeners
- Written Exam Readiness Profile
- Personalized study plan
- 60-minute feedback session

Investment: \$750

The signature pathway. A clinically informed study plan keyed to your cognitive, emotional, and life profile.

Exam Readiness Plan — Extended Support

BEST FOR

- Clients wanting support across prep
- Longer study timelines (10+ weeks)
- Retakers needing accountability
- Plan adjustments along the way
- Post-exam reflection and next steps

WHAT TO EXPECT

- Full Exam Readiness Profile (above)
- Three 45-minute check-in sessions
- Ongoing plan adjustments
- Post-exam debrief session

Investment: \$1,250 · Payment plans available

For clients who want a clinician alongside them across the full preparation window, not just at the start.

Not Sure Which Option Is the Best Fit?

A brief complimentary consultation is available to help you decide. Dr. O will review your situation and recommend the right pathway.

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From clarity to confident next steps, Sticky Brain Studio is here to support the full journey.