



ADHD Evaluation Pathways

Client Guide

Children · Teens · Young Adults · Adults

Sticky Brain Studio offers several ADHD evaluation options because individuals come in with different goals. Some people primarily need clinical guidance and support. Others need formal documentation for school, college, testing accommodations, or workplace supports. This guide helps you quickly determine the best next step.

Insurance-Based Diagnostic Assessment

BEST FOR

- Clear ADHD concerns
- Treatment planning and support
- No urgent need for formal accommodations
- Families or adults who prefer to start with insurance

WHAT TO EXPECT

- Comprehensive clinical interview
- Review of rating scales
- Diagnostic impressions when supported
- Personalized treatment recommendations
- Optional ongoing support visits

Investment: Insurance billed when eligible

This pathway focuses on clinical assessment and treatment planning. Because it does not include extended standardized testing or a comprehensive psychological report, some schools, colleges, or workplaces may request a more formal evaluation for accommodations.

ADHD Screening Review

BEST FOR

- Early or mild concerns
- Quick professional guidance
- Parent or adult peace of mind
- Not primarily for formal accommodations

WHAT TO EXPECT

- Targeted rating scales
- Brief clinical synthesis
- Summary letter with recommendations
- Typically completed in one to two steps

Investment: \$450

Focused ADHD Evaluation — Sticky Brain Studio Signature Service

BEST FOR

- School or college accommodations
- Workplace documentation
- Executive functioning concerns
- Diagnostic clarity
- High-achieving but struggling individuals
- Differential questions (e.g., ADHD vs. trauma or anxiety)

WHAT TO EXPECT

- In-depth intake interview
- Standardized rating scales
- Executive functioning measures
- Targeted attention testing when indicated
- Comprehensive written report
- Detailed feedback session
- Accommodation recommendations

Investment: \$1,200 - \$1,450 · Payment plans available

Most insurance plans do not adequately reimburse for the extended professional time required for comprehensive ADHD testing and report writing.



Sticky Brain Studio, LLC

Dr. O Psychology

Psychology Services Through a Neurodiversity-Affirming Lens

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Comprehensive Neurodevelopmental Evaluation

BEST FOR

- Possible ASD
- Learning concerns
- Complex developmental history
- Multiple areas of difficulty
- Prior unclear diagnoses

WHAT TO EXPECT

- Extended multi-domain assessment
- ADHD plus broader screening
- Integrated comprehensive report
- Detailed feedback session

Investment: **Custom quote based on scope**

Not Sure Which Option Is the Best Fit Right Now?

That is completely okay. During your consultation, Dr. O will review your concerns and help determine the most appropriate pathway.

Schedule a Consultation

stickybrainstudio.clientsecure.me

| www.dropsych.com

Sticky Brain Studio provides neurodiversity-affirming ADHD and executive functioning evaluations for children, adolescents, college students, and adults.

Continuing Support with Sticky Brain Studio™

An evaluation is often just the beginning. Many children, teens, and adults benefit from targeted skill-building and strategic support following the assessment process. Sticky Brain Studio offers neurodiversity-affirming follow-up services designed to translate evaluation insights into meaningful day-to-day progress.

AVAILABLE SUPPORTS INCLUDE

- Executive functioning coaching
- Academic and workplace strategy consultations
- Parent coaching and consultation
- School collaboration and care coordination
- Follow-up support visits

For families and individuals who prefer self-paced options, Sticky Brain Studio also offers evidence-based workbooks and skill-building guides that support emotional regulation, anxious thought management, social development, and executive functioning growth.

Explore resources and tools at stickybrainstudio.org

From clarity to confident next steps, Sticky Brain Studio is here to support the full journey.