

Postdoctoral Mentorship

Application for the Annual No-Fee Mentorship Spot

Sticky Brain Studio offers one annual no-fee mentorship spot for a postdoctoral psychologist whose work aligns with our mission of neurodiversity-affirming, equity-centered clinical care. This is supplemental specialty supervision, not primary licensure-hour supervision. The mentorship is one (1) full training year, weekly 60-minute sessions, at no fee to the selected applicant.

Type your answers directly into the fillable fields. You will also submit two attachments along with this completed PDF: (1) your current CV and (2) a written essay response to the prompt at the end of this application. Save and email everything to info@dropsych.com with the subject line "Postdoc Mentorship Application -- [Your Name]."

IF SELECTED

If selected, you will sign the Postdoctoral Supplemental Supervision Agreement (Mentorship Track) before the mentorship begins, and your primary site supervisor must acknowledge the arrangement in writing.

1. About You

Full name	<input type="text"/>
Pronouns	<input type="text"/>
Email	<input type="text"/>
Phone (optional)	<input type="text"/>
City and state	<input type="text"/>
Doctoral program and degree (PsyD or PhD)	<input type="text"/>
Year of doctoral degree (completed or anticipated)	<input type="text"/>

2. Your Postdoc Position

Postdoc site or organization	<input type="text"/>
Primary site supervisor (name, credentials)	<input type="text"/>

Start date:

End date:

Primary clinical population(s)

Primary clinical settings (e.g., outpatient, hospital, school-based, community)

Have you discussed this mentorship opportunity with your primary site supervisor?

Yes

No

If yes, date of discussion

3. Specialty Interests and Fit

Tell us about your specialty interests and how they align with Sticky Brain Studio's focus areas (ADHD across the lifespan, executive functioning, anxiety, neurodivergent-affirming care, implicit bias in clinical identification, pediatric mood). Up to one page.

4. Equity and Mission Alignment

Describe your interest in equity-centered, neurodiversity-affirming clinical work. What experiences (personal, clinical, research, advocacy) shape your approach? What populations have been historically underserved that you feel called to serve? Up to one page.

5. Goals for the Mentorship Year

What do you hope to gain from this mentorship? Be specific. Half a page is plenty.

6. Logistics

Are you available for standing weekly 60-minute virtual supervision?

Yes

No

Preferred day of week and time window

Time zone

Anticipated start month if selected

Do you maintain postdoc-appropriate professional liability (malpractice) insurance?

Yes, currently maintained

No, do not currently maintain

Will obtain before mentorship start

7. Acknowledgments

Check each box to acknowledge:

- This mentorship is supplemental specialty supervision, NOT primary licensure-hour supervision.
- Hours from this engagement may not be submitted to any state licensing board as required licensure supervision hours.
- I will maintain my own postdoc-appropriate professional liability (malpractice) insurance throughout the engagement.
- I will sign the Postdoctoral Supplemental Supervision Agreement (Mentorship Track) before the mentorship begins.
- I will inform my primary site supervisor of this arrangement and confirm their acknowledgment in writing.
- Selection is not guaranteed, and Sticky Brain Studio reserves the right to decline any application without cause.
- All information provided is true and accurate to the best of my knowledge.
- I am attaching my current CV with this application.
- I am attaching a written response to the essay prompt below with this application.

Printed name

Initials:

Date:

8. Essay Prompt (Required Attachment)

Submit a written response, approximately 750 to 1,000 words (about two to three pages, double-spaced), addressing all three parts below. Submit as a separate document (PDF or Word). This essay carries significant weight in the selection process.

WHAT WE ARE LOOKING FOR

Sticky Brain Studio's work rests on three convictions: that neurodivergent minds are not broken; that implicit bias shapes who gets diagnosed, treated, and believed; and that real clinical care requires both rigor and warmth. We are looking for a postdoc who lives in this same intellectual and moral space, not someone borrowing the vocabulary.

Part 1 -- A clinical encounter that changed how you practice

Describe one specific clinical encounter -- a patient, a family, an evaluation, a session, a moment in supervision -- that meaningfully changed how you think about neurodivergence, identity, equity, or clinical judgment. Be concrete. We do not want a literature review or a philosophical statement; we want the encounter itself in detail, what you noticed, what surprised you, what you would do differently now, and why. De-identify any patient information.

Part 2 -- Your own 'sticky brain'

Dr. O coined the term 'sticky brain' to describe brains that get stuck in emotions, thought loops, or behaviors, and that can learn to get unstuck with the right tools. Where in your own life, work, or thinking do you notice your brain getting stuck? You do not need to share a diagnosis or anything you are not comfortable sharing. We are interested in your self-awareness, not your symptoms. How does your own experience of getting stuck (and getting unstuck) inform the clinician you are becoming?

Part 3 -- The gap you want to close

Identify one specific gap, inequity, or blind spot in current clinical practice -- in your specialty area, in your training site, in the wider field -- that you feel called to address. What is the gap? Who is harmed by it? What would have to be true for it to close? What role could a year of specialty supervision with Sticky Brain Studio play in preparing you to do that work?

How we will read your essay

- We are reading for voice, specificity, and self-awareness, not polish.
- We are reading for evidence that you can hold complexity -- clinical, ethical, and relational -- without flattening it.
- We are reading for whether your values and questions align with our mission, not whether you agree with us on everything.
- We are NOT reading for jargon, credentials, name-drops, or performative language.

A NOTE ON AI USE

Please write in your own voice. Do not use AI to draft or substantially edit your essay. We use this essay to understand how you actually think; AI-generated prose tells us nothing useful about you and is the single most common reason essays are set aside in the first review.

9. Submission Instructions

- Save this completed PDF (File > Save As) with all fields filled in.
- Prepare two attachments: (1) your current CV and (2) your essay response (PDF or Word).
- Email all three documents to info@dropsych.com with the subject line: "Postdoc Mentorship Application -- [Your Name]."
- Incomplete submissions (missing CV or essay) will not be reviewed. Receipt of complete applications is confirmed within five (5) business days.
- Decisions are communicated within thirty (30) days of the application window closing.
- If selected: brief 30-minute video conversation, then signing the Postdoctoral Supplemental Supervision Agreement (Mentorship Track), then primary site supervisor written acknowledgment, then scheduling the standing weekly supervision time.
- Questions: info@dropsych.com or (608) 892-8115.

A NOTE FROM DR. O

Thank you for your interest in this mentorship. Sticky Brain Studio is committed to equity-centered, neurodiversity-affirming clinical practice, and we deeply value the work you are doing.

Application information is held confidentially by Sticky Brain Studio, LLC. Personal information from applicants not selected is destroyed within 90 days of the decision communication. By submitting this application, applicants consent to this handling of their information.