

# Supervision & Consultation Decision Tree

What to ask at the free 15-minute fit call

This document is a working tool for the complimentary 15-minute fit call. Use it to identify which Sticky Brain Studio supervision pathway is the right starting place. Most clinicians and postdocs land in the right pathway through two or three questions.

## 1 Are you currently licensed in your discipline?

If YES → continue to Question 2. If NO and you are a postdoctoral psychologist → skip to Question 5. If NO and you are pre-licensed master's-level → this practice is not the right fit; you need primary supervision in your own discipline. Happy to refer.

## 2 Do you have your own caseload, in independent practice or employment?

If YES → continue to Question 3. If NO → primary employment in a setting that already provides full supervision is ideal first. We can revisit when you have your own caseload.

## 3 Do you want ongoing weekly or biweekly support, or just one expert eye on a tough case?

Ongoing → continue to Question 4. Just one case, no commitment → Pathway 4: Single Case Consultation, \$165, 60 minutes, no intake required.

## 4 Do you prefer one-on-one focus, or peer learning alongside other clinicians?

One-on-one → Pathway 2: Individual Supervision (\$150 weekly / \$160 biweekly). Peer learning → Pathway 3: Small-Group Consultation (\$75/person, 90 min biweekly, cap of 4). Both pathways start with the 75-minute Pathway 1 Intake (\$175).

## 5 Postdocs: do you have primary licensure-hour supervision in place?

If YES → Pathway 5: Postdoctoral Supplemental Supervision (\$110/session weekly). Specialty focus on neurodiversity-affirming care, alongside your primary site supervision. Available nationwide. One paid spot at any time, plus 1 annual mentorship spot (no fee, application-based). If NO → primary licensure-hour supervision must be in place first. Happy to refer.

# Quick Reference & Next Steps

Pathway summary, what to bring, and how the fit call works

## Pathway summary at a glance

Pathway	Format	Fee	Best for
Pathway 1: Intake	75 min, one-time, virtual	\$175	Required before ongoing
Pathway 2: Individual	60 min, weekly or biweekly	\$150 / \$160	Most licensed clinicians
Pathway 3: Small-Group	90 min biweekly, cap of 4	\$75/person	Peer-learning preference
Pathway 4: Single Case	60 min, à la carte	\$165	One tough case, no commitment
Pathway 5: Postdoc	60 min weekly, nationwide	\$110	Postdocs with primary supervision in place

### What to bring to the fit call

- Your discipline, license type, and license number
- A brief snapshot of your current caseload (population, setting, focus areas)
- Specific questions, themes, or cases you want supervision to address
- For postdocs: your primary site supervisor's name and contact, and confirmation they are aware of this outside supervision

### After the fit call

- If we are a fit → you book the 75-min Pathway 1 Intake, sign the supervision agreement, and we begin work the following month
- If not a fit → I will tell you directly, and where possible, suggest other supervisors or arrangements that might fit better
- All sessions virtual via secure HIPAA-compatible video

### Schedule the free 15-minute fit call

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